



The Hadfield Post

Twitter: @Chris HadfieldSc
@VPEdgarCHPS

Website Address: <http://had.scdsb.on.ca>

September/ October 2017

Principal:
Robin Dashnay
Vice Principal:
Natalie Edgar

211 West Park Ave.
Bradford, ON
L3Z 0B9
(905) 778-4323

PRESS 1
FOR SAFE ARRIVAL

IMPORTANT DATES:

- Sept 28th Book Fair Starts
- Sept 28th School Open House
- Sept 29th Terry Fox Run
- Oct 2nd Rain Date For Terry Fox Run
- Oct 4th Walk and Wheel Wednesday
- Oct 5th Teacher Appreciation day/ Spirit Day Twin Day
- Oct 8th Thanksgiving No School
- Oct 13, 18th Flag Football A
- Oct 18th Kindy Trip to Farm
- Oct 20th P.A Day! No School
- Oct 31st Halloween Dance
- Oct 31st Dress up as your favorite character day
- Nov 17th P.A Day No School

PRINCIPAL'S MESSAGE

We are ready for the 2017/2018 school year to get off to a wonderful start and we would like to thank all of our students, parents, and staff in advance for making "Back to School" such an exciting time of the year. Our newsletter will continue to be emailed and posted on our school website for your information and reference.

Our goals for this year will continue to focus on improving student achievement in the areas of literacy and numeracy. We will also continue our daily focus on enhancing a safe, supportive school learning environment as the well-being of our students and staff is of paramount importance.

A clear focus at our school this year is going to be on regular attendance and arriving on time. Our school day starts promptly at 9:15 a.m. At the end of the day, we ask that you allow your children to finish with their class until dismissal at 3:35 p.m. and then meet them once they have been dismissed.

We thank you once again for your cooperation.

The potential of class re-organizations due to students joining or leaving our community remains a great possibility. We will likely need to make some adjustments to classes and student placements.

Students who will be impacted by these changes will be notified and the new classes will begin on Tuesday, September 26th. We ask parents to be supportive and positive when discussing such changes with your child(ren). On a personal note, I'd like to thank the staff, students and families at Chris Hadfield Public School for such a warm welcome. It has taken me no time at all to realize that I'm privileged to be part of such a kind and caring community.

We are looking forward to a wonderful year at Chris Hadfield Public School.

R. Dashnay
Principal



Notes from the Office

- Teach your child good work habits by having them arrive to school on time. Classes start at 9:15am. Students arriving after 9:15 must sign in at the office.
- Our school dismissal time is 3:35pm. We appreciate all your efforts in making appointments for after school hours.
- If you need to pick up your child(ren) early, please send a note to their teacher in the morning.
- We kindly ask that you send lunches with your child in the morning. If bringing lunch in for your child(ren), please drop it off on the bench table outside the front office before 1:10pm. Write the names of both your child and their teacher on the lunch bag and let your child know before they come to school that their lunch will be at the office for them to pick up.
- Just a reminder to parents and students, use of personal electronic devices during the school day is not permitted, unless the teacher has given permission for use of electronics in the classroom. If you need to reach your child during the school day, please call the office and not the student.
- Our Hot Lunch program still runs on Inclement Weather days.



Reporting Student ABSENCES and LATES

Please remember to call the Safe Arrival Line anytime your child is away or late.

905-778-4323, **PRESS #1** to leave a message.

Or you can e-mail us at:

chrishadfield@scdsb.on.ca



Absences Due To Illness

If your child is away due to illness, please send a doctor's note to the office so that we can update your child's file accordingly.



School Council

Our School Council meetings take place monthly. Our next meeting is on October 5th at 6:30 PM in the library. Everyone is welcome!



Food Allergies

Please do not send food containing **peanuts or other nuts**, into the school due to life-threatening allergies!



Balanced School Day Schedule

9:00 am	Staff Supervision begins
9:15 am	Entry Bell
9:15 – 10:55 am	1 st 100 minutes of instruction
10:55 -11:35 am	1 st nutrition break and recess
11:35 – 1:15 pm	2 nd 100 minutes of instruction
1:15 – 1:55 pm	2 nd nutrition break and recess
1:55 – 3:35 pm	3 rd 100 minutes of instruction

If Busses are cancelled:

When the school board cancels busses for our area, **the School is open for students to attend.** We ask that you please send your child(ren) to school on these days provided they can travel safely to and from our building.

Valuable instruction and learning continue to take place during these inclement weather days. Only on very rare occasions with extreme inclement weather, you would be advised (by Radio and Board website) that the building is closed. Please remember to call safe arrival line if your child is staying home.

Social Justice Team

We are elated that our Social Justice Team has been selected to attend WE Day in Toronto on Thursday, September 28th. WE Day is an unparalleled celebration of young people committed to making a difference. At this special presentation students will learn different tools and receive inspiration to take social action, empower others and transform lives – including their own. We would like to thank our school community with all our social action initiatives last school year.



Terry Fox Run

Our school Terry Fox Run will take place on Friday September 29th, with a rain date of Monday October 2nd. We are asking that all students donate a TOONIE for Terry, or any amount they wish. If you would like to donate more online, please visit our fundraising page:

<http://www.terryfox.ca/ChrisHadfieldPSBradfordON>.

Fundraising incentives will be announced closer to the event.



BOOK FAIR

We are excited to be having the Scholastic Book Fair in our school this month. The book fair will be open on Thursday September 28 from pm during our Open House. The Book Fair is also open on Wednesday and Friday for students to purchase books. All purchases benefit our school to help purchase new reading materials for our students.



Twitter Account

Chris Hadfield Public School has its own Twitter account. Our Twitter brings you the latest news and information for parents, pupils & local community! Follow us @ChrisHadfieldSc.



Message From The Library

Reading is one of the most important skills your child will learn in school. Like all skills, improvement comes with practise, and the Chris Hadfield School Library provides a wide variety of books for students to borrow for reading practice, information, and enjoyment.

Students are responsible to handle library books with care, since they are for everyone to share. Please keep books away from pets, food, and all liquids. Students in Kindergarten to grade 2 may sign out one book at a time. Students in grade 3 to 5 may sign out two books at a time and students in grades 6 to 8 may sign out three. A book may be renewed checked out again if the student is not finished reading it. If a book is lost or damaged, payment toward a replacement will be necessary. We hope your student will read and enjoy many books and grow in reading skills while attending our school. Thank you for your on-going support



WOW Butter

Please be reminded that "Wow Butter" should not be sent to school. We cannot differentiate between peanut and wow butter and this can cause anxiety for our students who have serious allergies to nuts. Thanks for your cooperation in keeping CHPS a nut-free school.



Chain of Helping Hands Food Drive

The Chain of Helping Hands will take place on Thursday October 19th. This is a day where we join together as a school to help fill vehicles to transport the food collected from our food drive to our local Bradford Food Bank. Our goal this year is to restock the food bank after Thanksgiving. Students will be asked to bring non-perishable food items to school for donation from October 10th to the 18th. Thank you for supporting a wonderful community resource.



Spirit Day

On October 31st Chris Hadfield Public School will be hosting a dance for all grade levels. Kindergarten to grade 3 will be following gonoodle, grades 4,5,6,7,8 will have a dance. This will also be a **spirit day** where you can dress up as your favourite idol. For example superhero, book character, athlete, celebrity, community hero or your favourite Chris Hadfield Principal! We are excited to see your SCHOOL spirit!



Trip To The Farm

The Kindergarten Division is looking for volunteers for a field trip October 16th. If interested, please stop by the office and pick up the Police check and volunteer forms.

Thank you from
the Kindergarten
Team



Walk to School Day

Walk to School Day is an annual event that promotes walking and bicycling for several reasons:

Physical activity

- Teaching safe pedestrian and bicycling skills to children
- Awareness of how walkable & bikeable our community is
- Concern for the environment
- Reducing traffic congestion, pollution and speed near our school
- Sharing time with community leaders, parents and children

Battery Recycling

Our school has signed up for the Ontario Schools Battery Recycling Challenge.

YOU CAN HELP!

Recycle all of your used household batteries. Reach out to family and friends and help them recycle their batteries too! Please put a piece of tape across the top of your 9-volt, 6volt, button cell and single use lithium batteries. It's important to know which batteries require tape when storing used batteries in your home, learn more <http://www.rawmaterials.com/page/education/prepare-batteries/>.

Place the batteries in a ziplock bag for your child to recycle at school.

Sincerely,

Chris Hadfield EcoTeam



SIMCOE COUNTY DISTRICT SCHOOL BOARD NEWS

Procedures To Help Keep Our School Safe

The safety and well-being of students is our top priority. We have a number of procedures in place to keep our school safe. You can help your child understand and feel safe by:

- talking to them about the situations below
 - reminding them that emergencies are rare
- telling them it's important to follow staff instructions in these situations

Parents should talk about the following emergency drills with their children:

- **Shelter in place** is used when there is an environmental or weather-related situation, like a chemical spill outside the building, or a major storm. Activities continue inside the school. Students and staff are not allowed to leave the building. The ventilation system may be shut off.
- A **hold and secure** is used when there is a situation in the community, not related to the school, like a bank robbery nearby. Activities continue, but all doors are locked. No one is allowed to enter or exit the school.

A **lockdown** is used when there is a major incident or a threat of violence related to the school. Students and staff move to secure areas, away from doors and windows. Doors are locked, lights are shut off and blinds are drawn. Students and staff remain quiet. We practice lockdown drills at least two times per year. In the unlikely event of an actual lockdown situation, police ask that parents do not go to the school. Information will be communicated through the school board social media sites (www.facebook.com/SCDSB and www.twitter.com/SCDSB_Schools) and website (www.scdsb.on.ca), through local police and local media.

- All schools have **evacuation plans** in case of gas leaks, bomb threats or fire incidents that would require everyone to leave the school. We hold drills to practice our evacuation plan. In a real evacuation, students and staff may go to the evacuation site, depending on the situation. Parents will be informed about pick-up procedures by the school, school board and local media.
- Elementary school main doors are locked during the school day. Visitors must use the **intercom system** to enter the building. **Staff may not be available to answer the door immediately, please be patient.** All visitors, including school volunteers, are required to **sign in** at the school office and wear **visitor identification**.
- Staff and volunteers must complete a **criminal record check** before having contact with students.
- We ask parents to contact us when their child will be absent from school as part of our **Safe Arrival** program. When we don't hear from a parent/guardian, and a student is absent, we will call home to find out the reason for the absence.

At least two staff members in every school are trained in **first aid and CPR**. All Simcoe County District School Board schools have **Automated External Defibrillators (AEDs)**.

When parents are at school during a drill or emergency event, they must follow direction from school staff, police, fire and/or emergency personnel. Parents may not have immediate access to their children during drills or emergencies. They may need to wait until the situation is resolved and school staff and/or emergency personnel release students into parent care.

It's important for you to know we'll always take whatever precautions are necessary to keep our school and students safe.

Student Dress Code

Students are expected to respect the guidelines when dressing for school. Our school is a safe space. We work to be equitable and inclusive, and understand that students may choose to express themselves through their clothing choices. Student clothing cannot pose a safety concern or conceal identity. Exceptions are granted to students who wear head coverings or other garments/objects for the purposes of religious observance, medical or sensory needs, or other reasons protected by the Ontario Human Rights Code.

Pay For Field Trips, Lunch Days, ETC. With SchoolCash Online

The SchoolCash Online program is available at our school. Parents can pay online for lunch days and other items. Parents who sign up will receive a notification when a new item becomes available for purchase. Items are personalized to each student. Parents use a secure online account to process payments, and can either make a one-time payment for each item as it occurs, or load money to carry a balance in the online account to make payments in the future. To create an online account, go to simcoecounty.schoolcashionline.com. Please contact the school office with any questions.



Information About Student Accident Insurance For The 2017-2018 School Year

Student injuries at school, during school events, and extra-curricular activities (athletics, clubs, and out-of-province/out-of-country trips) are not covered by the board or its insurance company. While every precaution is taken to provide a safe learning environment, accidents can and do happen. The Simcoe County District School Board has selected the "insure my kids" program through Old Republic Canada as an option for students/parents/guardians to consider. This insurance offers a variety of plans and benefits at reasonable annual prices. Coverage can be purchased online at www.insuremykids.com. Please watch for your student accident insurance package along with a letter about requirements for extra-curricular activities and out-of-province or out-of-country trips.

Parent Portal Gives Parents Real-Time Access To Attendance, Grade Information

The SCDSB Parent Portal is a secure online tool that provides parents/guardians (of students less than 18 years of age) with quick access to their children's attendance and grades and includes the option to sign up for email notifications. To access the Parent Portal, parents/guardians will need their child's SCDSB Pupil ID Number, which can be found on the Student Information Verification Form, as well as an Access ID. The Access ID will be provided in a sealed letter this fall with instructions on how to create an account. If you lose the Access ID, you can visit us in the school office and we'll provide it to you after verifying your identity.

Want To Volunteer At Our School?

Current volunteers who do not submit an Annual Offence Declaration for Volunteers on or before December 31, 2017, will be deleted from the database on January 1, 2018, and will have to submit a new Criminal Records Check and Vulnerable Sector Screen. Please see the office for more information or if you have questions about volunteering in our school.

School Grounds Are Smoke Free 24/7

Protect yourself and your children from the health hazards of secondhand smoke. Remember, it is against the law to smoke ANYWHERE on school property at ANY TIME. This includes smoking in your vehicle while picking up or dropping off students. It is also against the law to smoke or hold lit tobacco in a vehicle carrying anyone under age 16. The fine for ignoring the law is \$250.

For more information, contact the Simcoe Muskoka District Health Unit 705-721-7520 or 1-877-721-7520

or visit www.simcoemuskokahealth.org.

Information provided by the Simcoe Muskoka District Health Unit



How Exercise Can Help With Homework

It's the start of a new school year and students need to get back into the swing of things! Many students and parents adopt a similar philosophy for success – clear your schedule, buckle down and focus. Although the intention is great, by focusing solely on the books and neglecting the body, students are not actually reaching their full potential. Here are three reasons why exercise can make students more productive:

- Better sleep – it's a fact that our brains work better with a good night's rest. Getting enough sleep contributes to the brain's capacity to store and retrieve information, complete tasks efficiently, maintain focus and manage stress – all of which will improve student success.
- Stress release – exercise is proven to release endorphins that reduce stress. We all know how hard it can be to focus with an aching back, cramped neck or jittery leg. These physical distractions are often a result of excessive time spent in sedentary activities. A quick body break can relieve tension, stress and excess energy, making it easier to focus on the tasks at hand.

Retain more – blood pumping exercise increases the flow of oxygen to the brain making it more receptive to the flow of new information coming in. Studies prove that students who exercise three times a week or more get higher grades.

In addition to exercise, students should ensure they are eating healthy, staying hydrated and getting lots rest and fresh air.

Information provided by the YMCA of Simcoe/Muskoka (www.ymcaofsimcoemuskoka.ca)

Ideas For Packing Healthy School Lunches

A school lunch should give children the energy and nutrients they need to be ready to learn, be more alert and perform better at school. When planning lunches keep these tips in mind:

- Include one serving from at least three of the four food groups from Canada's Food Guide
- Rather than buying pre-made lunch kits, make your own healthy lunch kit with divided containers and small 'bite-sized' cheese cubes, left over chicken chunks, veggie sticks or fruit slices
- Get your kids to eat more veggies! Send cucumber coins, zucchini sticks and pepper strips with dip
- Fill whole wheat or multi grain wrap/pits/tortilla shells with your child's favourite foods such as hummus and grated carrot or sliced turkey with honey mustard.

Water is the best option for hydration

Looking for more information to help keep you and your family healthy? Call *Health Connection* at 705-721-7520 or 1-877-721-5720 to speak with a public health nurse or visit the health unit's website at www.simcoemuskokahealth.org.



New Path Offering Child and Youth Mental Health Walk-in Clinics

In response to the increasing wait times for child and youth mental health services, and the increased need for such services, New Path has undertaken a service redesign that will provide more timely and responsive services to children, youth and families in Simcoe County. New Path now offers Child and Youth Mental Health Walk-In Clinics in five office locations throughout Simcoe County: Bradford, Alliston, Barrie, Collingwood and Orillia.

Children, youth and families requesting service from New Path no longer need to call and complete an intake; they can simply attend one of the local Walk-In Clinics and will receive a single session intervention that day. Should children or youth require further service, New Path will continue to offer a wide variety of community and school-based services as well as residential service and women's service. For further information, including the clinic locations, days and hours, visit www.newpath.ca or contact New Path's central intake department at 705-725-7656.

Fire Prevention Week is October 8 to 14: Every Second Counts: Plan 2 Ways Out!

Fire Prevention Week runs from Oct. 8 to 14. This year's theme is "Every Second Counts: Plan 2 Ways Out!" Smoke and fire spread fast. There's no time to figure out how to escape AFTER a fire starts. All households should have working smoke alarms and practice a home fire escape plan with everyone in the family BEFORE there's a fire. Find out more at: www.nfpa.org/fpw.

LGBTQI2S Junior Youth Connection For Kids Aged 12 to 15

The Gilbert Centre is offering a new drop-in and social program for LGBTQI2S identified youth to connect, explore and learn. Meetings take place on the first and third Friday of every month from 5-7 p.m. at 80 Bradford Street in Barrie. For more information, please call Ve Tao, Youth Support Worker at 705-722-6778 x109, visit lgbtyouth.ca or email vet@gilbertcentre.ca

Tips for a healthy Halloween

The month of October is upon us and that means Halloween is just around the corner! For many children, this can be an exciting time of year as they get their costumes ready and their buckets out to fill with candy! Halloween can also be a tough time for parents to keep their kids' diets healthy and balanced. Here are some helpful 'tricks' to help you and your family have a healthy Halloween this year!

- Walk door to door when trick or treating. It will burn calories and also tire the kids out – potentially limiting the amount of houses you will hit before the end of the night. Try making a competition out of who can walk the most steps.
- Plan a party. Make the focus of your party fun activities instead of sugary treats. Include Halloween games such as a costume or dance contest, or pumpkin carving.
- Trade the candy collected for non-edible treats like books, small toys or arts and crafts materials. You can also consider offering to buy back some of the candy, providing your kids with some extra spending money as a reward.

Before your kids venture out in their costumes, make sure they eat a healthy meal. Visit your local YMCA of Simcoe/Muskoka for some fun Halloween activities for the whole family to enjoy!

Information provided by the YMCA of Simcoe/Muskoka
(www.ymcaofsimcoemuskoka.ca)



Healthy Classroom Celebrations

Classroom and school celebrations are great opportunities for children to practice the healthy eating messages they learn in the classroom. Help teach the importance of healthy eating by choosing healthy foods to send in the next time your child's class is celebrating. Here are some ideas:

- Send a tray of watermelon slices, orange slices, apples or fruit kabobs
- Make homemade mini muffins with whole wheat flour and grated carrots or apple
- Send a tray of whole grain crackers, cubes of lower fat cheese and grapes
- Send a veggie platter - get creative by arranging it in fun shapes

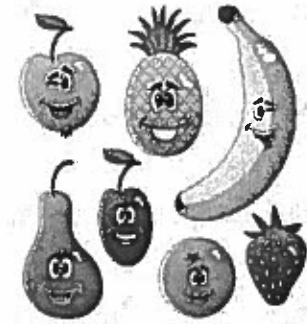
Prepare chocolate dipped strawberries for a sweet treat

Looking for more information to help keep you and your family healthy?

Call *Health Connection* at 705-721-7520 or 1-877-721-5720 to speak with a public health nurse or visit the health unit's website at

www.simcoemuskokahealth.org.

Information provided by the Simcoe Muskoka District Health Unit



October Is International Walk To School Month

Did you know that October is International Walk to School month? It's a great way for children to get their recommended 60 minutes of physical activity each day and also gives parents and staff a chance to be part of a worldwide event that celebrates the many benefits of walking. Here are some ideas:

Encourage your child to walk or cycle to and from school if you live close by and team up with others to make the trip more fun

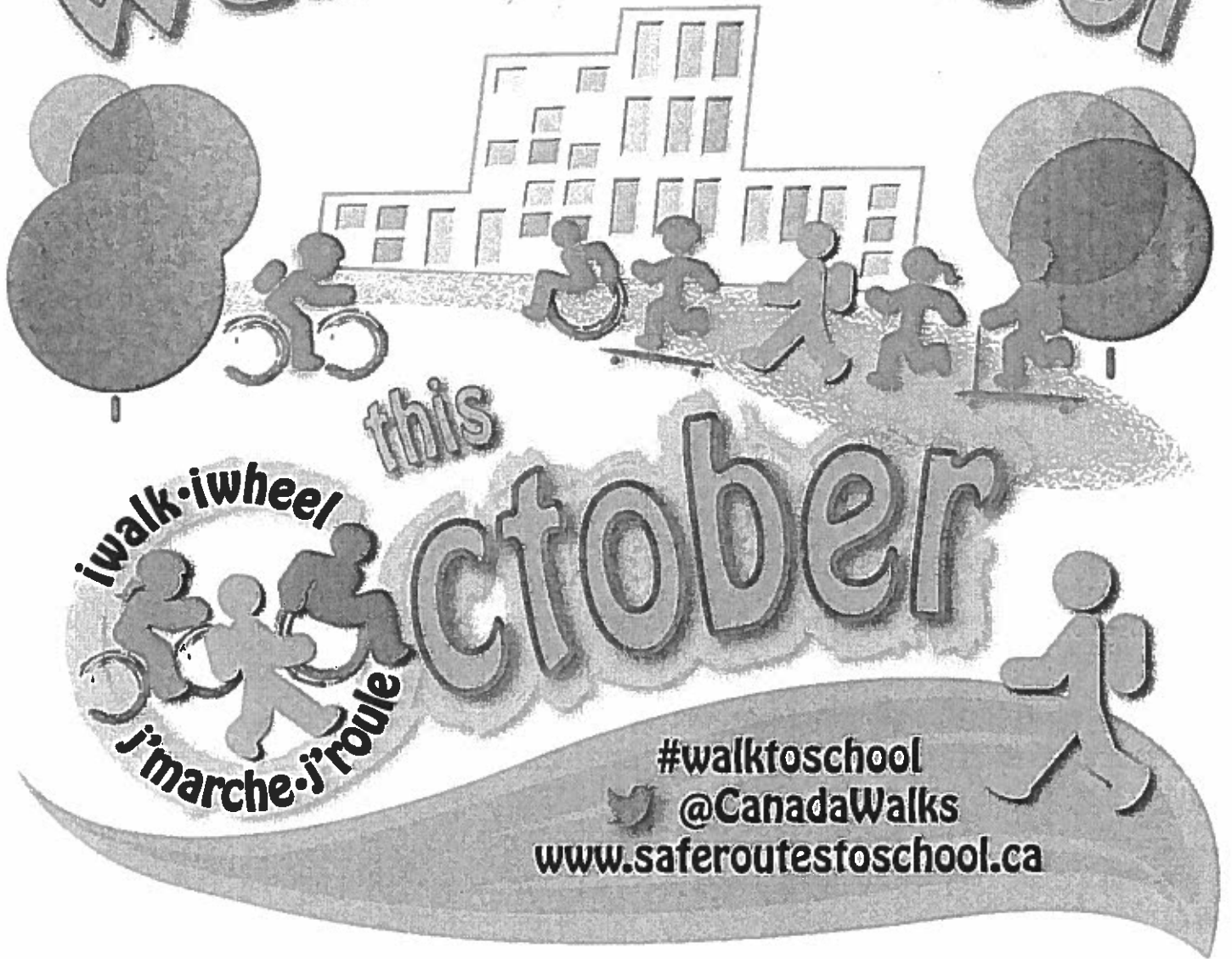
If you usually drive your child to school, try getting them to walk part of the way

If your child takes the bus, walking to and from the bus stop is a great way to add physical activity minutes into the day

Information provided by the Simcoe Muskoka District Health Unit

Celebrate

Walk to School



#walktoschool
@CanadaWalks
www.saferoutestofschool.ca

Join students and families across Canada

International Walk to School Day 2017

Wednesday, October 4



© CAA trademarks owned by, and use is authorized by, the Canadian Automobile Association.